

<b>SELF-AWARENESS &amp; SELF-EFFICACY</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<b>FOLLOW YOUR ASPIRATIONS</b>	I can identify my needs, wants, interests and goals.	I can describe my needs, wants, interests and goals.	I can commit to fulfilling my needs, wants, interests and goals.	I can reflect on my individual and group needs, wants, interests and aspirations in relation to opportunities and future prospects.	I can translate my needs, wants, interests and aspirations into goals that help me reach them.	I can help others to reflect on their needs, wants, interests and aspirations and how they can turn these into goals.	I can help others to reflect on their needs, wants, interests and aspirations and how they can turn these into goals.	I can help others to reflect on their needs, wants, interests and aspirations and how they can turn these into goals.
<b>IDENTIFY YOUR STRENGTHS AND WEAKNESSES</b>	I can identify things I am good at and things I am not good at.	I can identify things I am good at and things I am not good at.	I can judge my strengths and weaknesses and those of others in relation to opportunities for creating value.	I am driven by the desire to use my strengths and abilities to make the most of opportunities to create value.	I can team up with others to compensate for our weaknesses and add to our strengths.	I can help others identify their strengths and weaknesses.	I can help others identify their strengths and weaknesses.	I can help others identify their strengths and weaknesses.
<b>BELIEVE IN YOUR ABILITY</b>	I believe in my ability to do what I am asked successfully.	I believe in my ability to achieve what I intend to.	I can judge the control I have over my achievements (compared with any control from outside influences)	I believe I can influence people and situations for the better.	I believe in my ability to carry out what I have imagined and planned, despite obstacles, limited resources and resistance from others.	I believe in my ability to understand and take the good out of experiences that others may label as failures.	I believe in my ability to understand and take the good out of experiences that others may label as failures.	I believe in my ability to understand and take the good out of experiences that others may label as failures.
<b>SHAPE YOUR FUTURE</b>	I can list different types of jobs and their key functions.	I can describe which qualities and abilities are needed for different jobs, and which of these qualities and abilities I have.	I can describe my skills and competences relating to career options, including self-employment.	I can use my skills and competences to change my career path, as a result of new opportunities or from necessity.	I can discuss how a realistic understanding and evaluation of my personal attitudes, skills and knowledge can influence my decision-making, relationships with other people and quality of life.	I can choose professional development opportunities with my team and organisation based on a clear understanding of our strengths and weaknesses.	I can design professional development strategies for my team and organisation based on a clear understanding of our strengths and weaknesses, in relation to both current and future opportunities to create value.	I can design strategies to overcome my (or my team's or organisation's) weaknesses and to develop our strengths in anticipating future needs.